



# YEPPOON SHARKS SWIMMING CLUB INC

Newsletter: 1st November 2006

[www.yeppoonswimmingclub.org.au](http://www.yeppoonswimmingclub.org.au)

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WELCOME BACK FOR ANOTHER GREAT SEASON – Tiarne Kitchener

WELCOME TO OUR NEW MEMBERS – Kailee Kitchener

## Tonight's Program - 200 Choice, 100 & 50 IM's, Back, Breast, Fly, Free

**Congratulations:** Last week **Robert McKone** was presented with a voucher for a free Milkshake from PJ's Coffee Shop for setting a new PB in his 50 Free - he took 5sec off his time - well done Robert.

Last week we presented the "Queensland Junior Excellence Program" award packages to:

**Marissa Reeves - Bronze      Corbin Reeves - Bronze**

**Gabrielle Wilson - Silver    Rebecca Bimrose - Silver    Liam Rayfield - Silver    Harley Messersmith - Silver**

**Mitchell Hunter - Gold      Maddison Bygrave - Gold      Madison Wilson - Gold**

These swimmers qualified for the program during last season - well done! Thank you to Swimming Queensland for providing these packages.

Last week we presented these new members with their **welcome pack**:

**Tyla Pickering      Danielle Keily      Austen Routley      Michael Porter**

Congratulations on becoming members of the Yeppoon Swimming Club and thank you to Swimming Queensland for providing these welcome packs.

### **COACHING CLINIC - NEXT WEEK:**

Lynne will be providing a **BREASTSTROKE COACHING CLINIC** from **5:30pm to 6:00pm next Wednesday, 8<sup>th</sup> November**. All members are welcome to attend and it will be of particular benefit to those swimmers who are unsure of their stroke - it is an opportunity not to be missed. Other coaching clinics will be held during the season - keep reading the newsletter for details.

### **BRING-A-FRIEND TO CLUB NIGHT:**

Why not bring a friend along with you to Club night - they are welcome any time but why not extend a special invitation to your friends to attend Wednesday 15<sup>th</sup> November.

### **Sponsors of our Swimming Carnival:**

**\*\*Pacific Properties\*\*Emu Embroidery\*\*Ken Reeves Builder\*\*Central Coast Screens\*\* Capcoast Glass \*\*  
\*\* PJ's Coffee Shop \*\*Cedar Park Supermarket\*\*Billington's Cedar Park Meats\*\*Network Video\*\*  
\*\* Barlows Earthmoving\*\*Seabreeze Service Station\*\*Keily's Appliance & Electrical\*\*Forever Young\*\***

Please show your thanks by supporting these businesses when you can.

### **MINI CHAMPIONSHIPS:**

This will be held on **Wednesday 29<sup>th</sup> November** at the **Yeppoon Primary School 25m Pool**. It will be run like a carnival with members swimming in their age group. You will need to nominate - get a form tonight if you didn't get one last week. Return the form to Tricia by 22<sup>nd</sup> Nov (the earlier the better!) who will prepare a program for the Mini champs.

### **UP-COMING CARNIVALS:**

<b><u>Carnival</u></b>	<b><u>Host Club</u></b>	<b><u>Date of Carnival</u></b>	<b><u>Closing Date</u></b>
Biloela Long Course	Biloela	11 <sup>th</sup> November	tonight
Tropic of Capricorn - 2 Day	Rockhampton	18 <sup>th</sup> -19 <sup>th</sup> November	8 <sup>th</sup> November
"Restricted Meet"	CQU Rocky City	25 <sup>th</sup> November	15 <sup>th</sup> November
Beef City	Caribee	2 <sup>nd</sup> December	22 <sup>nd</sup> November

NOTE: Details of all these carnivals (and more) are available on our web site - click on "[CQ Swim Meet Calendar](#)" and scroll down the list.

### **RECENT CARNIVALS:**

**Capricorn Novice & Junior:** Last weekend an 20-strong team attended this short course meet at the CQU Pool in Rockhampton. There were strong performances all round with newcomer Gabrielle Keating collecting four medals and also Sarah Iskov scoring her first medal. Madison Wilson won her age dash-for-cash, breaking the CQ record in the 25m Free while doing so. There were strong performances from Mitchell Hunter and Liam Rayfield with them dead heating in the 50 Breast. Harley Messersmith swam extremely well to beat an old foe in the pool and take out age champion. Maddison Bygrave had a great meet and came home as runner-up for her age. It was great to see Marissa and Corbin Reeves back in the swim of things with Marissa just narrowly missing out on a place in the girls 10 yrs breast, in an age group she has only just stepped up to. Corbin cleaned up the 12 yrs boys and won Age Champion. In the girls 10yrs there were no placing for other clubs as the Yeppoon trio of Rebecca Bimrose, Gabrielle Wilson and Rielly Stokes cleaned up in all events. Jeremy Walsh swam well to medal in two events. Mitchell Ayton got gold in the 12 yrs boys 100IM showing his endurance is surely picking up from his hard training. Elke Shaw also medalled at the meet. The team could not have performed as well without the support of the Hayley Bimrose, Nicole Geldard, Maddison Iskov, Madison and Conor Roberts

(thanks to Jenny Bimrose for this article)

*See you next week at club –*

*for the Breaststroke Coaching Clinic @ 5:30pm*

*and*

*remember to nominate for the Mini Championships  
to be held at the Yeppoon Primary School Pool*