



YEPPOON SHARKS SWIMMING CLUB Inc
NEWSLETTER: 8th March 2006

www.yeppoonswimmingclub.org.au
email: sharks@yeppoonswimmingclub.org.au

Tonight's Program - IM Fly Back Breast Free Relay

Welcome to our new members: *Madi Hohmann* *Will Neven*

*****CLUB CHAMPIONSHIPS - NEXT WEDNESDAY 15th MARCH*****

The Club Championship Night has been brought forward to NEXT WEEK. Following are some points of interest:

- 6yr & under, 7 yrs - to swim 25 meters.
- 8 yrs to 15 yrs - to swim 50 meters.
- You swim at your age on the night.
- There will be 12.5m & 25m participation races available for those swimmers who would prefer to swim these distances (Note: they will not be eligible for the Age Champion awards).
- The Championships will be run as a Carnival but there is no need to nominate.
- Strokes will have to be performed correctly and QSA rules will apply.
- To be eligible for Age Champion you must swim all four strokes and have attended at least 50% of possible Club nights.

A reminder to be at the pool by 6pm so swimming can commence at 6:15pm. Thank you.

RECENT CARNIVALS:

Capricorn Short Course: CANCELLED

Humphries Shield: What a great day! There was terrific Club support for this Meet with 24 Sharks making their way up the mountain - including **Brandon Antcliff** who was attending his first Carnival. It was also fantastic to have **Ricky Barrett** at the Carnival - his first in years! It all started with the "Great Water Pistol Battle", continued with 3 out of 4 wins in the "Dash for Cash" and concluded with many outstanding swimming results.

Well done: **Madison A** swam some huge PB's **Sarah A** swam well with the 10 yrs girls
Brandon swam well with the 12 yrs boys **Summa** recorded some great times **Ben** swam a great Breast
Madison I swam a great Breast **Sarah I** swam well with the 9yrs girls
Robert swam a great Breast **Rielly** swam a couple of 4ths

Medallists include: **Marissa** - Gold - Fly **David** - Silver - Fly **Hayley** - Bronze - Free
Corbin - Bronze - Free, Breast & Fly **Mitchell A** - Bronze - Fly **Ricky** - Bronze - 30m Sprint & Free

Runners-up were: **Jeremy** - 8yrs Boys **Gabby & Rebecca** - tie 9yrs Girls **Mick** - 13 yrs Boys

Age Champions were: **Mia** - 7 yrs Girls **Elke** - 8 yrs Girls **Maddison B** - 10 yrs Girls
Harley - 10 yrs Boys **Madison W** - 11 yrs Girls

Winners of \$25 30m Freestyle Sprint: **Maddison Bygrave, Harley Messersmith & Madison Wilson.**

Thanks to our Coach, **Lynne**, for her last minute words of advice and to the parents for timekeeping.



UP-COMING CARNIVALS:

<u>Carnival</u>	<u>Host Club</u>	<u>Date of Carnival</u>
CQ Championships	Biloela	11-12 th March
CQU Rocky City Novice	CQU Rocky City	18 March - <u>Nominate tonight</u>

Remember to check the Noticeboard and/or our Web site for details of these Carnivals and more!
WEB SITE: Flyers are available by following the links to "CQ Swim Meet Calendar"

CQ Championships - this weekend: - Have a great Meet - Madison & Mitchell A, Rebecca & Hayley, Ben & Mia, Maddy B, Mitchell H, Madison I, Harley, Liam, Corbin & Marissa, Elke, Rielly, Gabby & Madison W.

CQU Rocky City Novice Meet: This would be a good Meet for our swimmers to attend. It will be held at the Glenmore School Pool, Farm St, Rockhampton. See Trish with your nominations tonight.

PROGRAM FOR THE REMAINDER OF THE 2005/2006 SEASON:

- 15th March - Club Championships**
- 22nd March - Club Night - IM, Back, Breast, Fly, Free, Relay**
- 29th March - Club Night - IM, Breast, Fly, Back, Free, Relay**
- 5th April - Club Night - IM, Fly, Back, Breast, Free, Relay**

Many of the Club Trophies will not be decided until the end of the season which is Friday, 7th April. You will need to continue to attend Club nights after the Championships to continue to accumulate points towards these.

CLUB PRESENTATION NIGHT:

The Presentation Night and Break-up BBQ will be held on **Saturday 22nd April**. Please mark this **VERY IMPORTANT DATE** on your Calendar! In preparation for the Presentation Night please **return all perpetual trophies** from last season to the swimming pool.

See you all at Club next week for the Club Championships

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